Menu

Street Kitchen



Name	Portion Name	Portion Size	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Nutri-Score
Week 1 Mon			-	-	-	-	-	
Slow Cooked Pasta Bolognese.	1 Serving	274	467	1962	53	24	6.6	A
Creamy Tomato & Mozzarella Gnocch	1 Serving	231	236	989	34	4.6	4.8	©
Crispy Chicken Wrap with BBQ Sauce	1 Serving	186	436	1834	56	17	7.7	В
Crispy Quorn Dipper Wrap with BBQ	1 Serving	178	355	1490	44	15	7.1	A
Halal Crispy Chicken Wrap with BBQ	1 Serving	184	399	1676	51	13	7.7	C
Garlic Slice (each)	1 Serving	24	82	341	7.9	2	0.5	©
Indian Butter Chicken & Fragrant Len	1 Serving	241	459	1925	51	21	3.7	A
Week 1 Tue			-	-	-	-	-	
Texan BBQ Chicken Burger & Wedges	1 Serving	268	524	2205	72	19	7.4	В
Korean Vegetable Stir Fry with Fried	1 Serving	236	519	2176	66	12	15	©
Bombay Pasty (V)	1 Serving	248	484	2027	54	14	4.5	В
Chargrilled Quarter Pounder in a Soft	1 Serving	390	784	3279	76	30	7.4	©
Week 1 Wed			-	-	-	-	-	
Slow Roast Pork with Skin-On Roast	1 Serving	219	379	1587	21	29	0.8	A
Roast Pork & Stuffing Bap	1 Serving	167	390	1638	35	33	2.2	A
Marinated Roast Chicken, Roast Pota	1 Serving	239	308	1292	22	24	0.9	A
Roast Chicken & Stuffing Bap	1 Serving	177	340	1429	35	25	2.2	A
Marinated Roast Quorn Fillet with Ski	1 Serving	223	254	1063	24	11	2.4	A
Garlic Slice (each)	1 Serving	24	82	341	7.9	2	0.5	©
Four Cheese Tortellini with Tomato &	1 Serving	150	252	1062	39	8.6	4.2	В
Week 1 Thur			-	-	-	-	-	
Baked Sausages with Caramelised O	1 Serving	396	552	2301	44	18	5.3	<u> </u>
Baked Vegetable Sausages with Cara	1 Serving	377	313	1311	38	7	6.9	В
Mac & Cheese with Optional Hot Sauce	1 Serving	351	691	2893	70	29	12	В
Sweet and Sour Battered Chicken wit	1 Serving	242	452	1903	65	16	9.4	В
Week 1 Fri			-	-	-	-	-	
Hand Battered Fish And Chips	1 Serving	306	431	1824	73	22	0.7	(A)
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Breaded Scampi Bites & Chips	1 Serving	210	253	1070	46	9.3	2.8	В
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6	D
Spicy Bean Burger in a Soft Bap & Ch	1 Serving	316	578	2434	90	17	8.3	A
Loaded Fries with Cheese, Bacon & S	1 Serving	228	352	1477	37	14	1.9	В
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4	В
Sweet Chilli & Soy Glazed Vegetable	1 Serving	299	656	2754	88	17	18	В
Week 2 Mon			-	-	-	-	-	
Fajita Chicken & Sweetcorn Pasta Bake	1 Serving	252	544	2283	56	30	7.2	В
Mediterranean Tart with New Potatoes	1 Serving	365	488	2044	59	12	6.8	В
Halal Crispy Chicken Wrap with Cool	1 Serving	184	458	1917	46	16	3.7	В
Crispy Chicken Wrap with Cool Mayo	1 Serving	186	466	1952	51	17	3.2	В

Crispy Quorn Dipper Wrap with Cool	1 Serving	178	384	1608	39	15	2.6	A
Garlic Bread	1 Serving	24	82	341	7.9	2	0.5	0
Gaeng Daeng (Thai Red Chicken Curry)	1 Serving	211	470	1970	50	21	4.1	В
Week 2 Tue			-	-	-	-	-	
BBQ Pulled Pork or Chicken with Caj	1 Serving	232	366	1536	33	28	6.1	A
Mixed Bean Chilli Loaded Wedges	1 Serving	268	337	1407	38	7.1	5.5	A
Tandoori Chicken Khati Wrap with Ind	1 Serving	239	481	2023	62	20	5.4	A
Blackbean Vegetable Stir fry with Sal	1 Serving	322	471	1971	54	8.5	28	В
Week 2 Wed			-	-	-	-	-	
Marinated Roast Chicken, Roast Pota	1 Serving	239	308	1292	22	24	0.9	A
Cauliflower Cheese Yorkie, Roast Pot	1 Serving	431	546	2287	57	22	9.2	В
Roast Chicken & Stuffing Bap	1 Serving	177	340	1429	35	25	2.2	A
Chicken Tikka Massala with Steamed	1 Serving	211	339	1433	51	24	3.2	A
Week 2 Thur			-	-	-	-	-	
Chilli Con Carne, Tortilla Chips & Ste	1 Serving	250	451	1895	58	19	2.5	В
Tomato & Herb Pasta Bake	1 Serving	230	458	1930	65	19	7.4	В
Sweet Chilli Glazed Sausage & Peppe	1 Serving	274	730	3058	80	23	17	D
Garlic Bread	1 Serving	24	82	341	7.9	2	0.5	0
Greek Crispy Chicken Gyros & Tzatziki	1 Serving	229	373	1564	35	23	4.4	A
Week 2 Fri			-	-	-	-	-	
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6	D
Loaded Fries with Cheese, Bacon & S	1 Serving	228	352	1477	37	14	1.9	В
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4	В
Singapore Noodles with Vegetable S	1 Serving	268	472	1992	80	16	5.3	В
Week 3 Mon			-	-	-	-	-	
Turkish Beef Kofte Kebab with Tomat	1 Serving	192	376	1576	33	20	3.9	В
Roasted Vegetable & Potato Mozzare	1 Serving	339	215	901	27	6	5.5	A
Crispy Chicken Wrap with Peri Peri S	1 Serving	186	431	1810	50	17	2.8	В
Halal Crispy Chicken Wrap with Peri	1 Serving	184	394	1652	45	13	2.8	©
Crispy Quorn Dipper Wrap with Peri P	1 Serving	134	210	877	14	11	1.1	A
Week 3 Tue			-	-	-	-	-	
Mexican Pork & Bean Soft Taco, Red	1 Serving	314	689	2894	91	23	9.4	В
Macaroni Cheese	1 Serving	344	688	2884	70	29	12	В
Roasted Vegetable Personal Calzone	1 Serving	251	496	2089	69	19	2.8	©
Katsu Curry Bar with Crispy Chicken,	1 Serving	262	534	2250	79	18	9.5	В
Katsu Curry Bar with Crispy Quorn Di	1 Serving	254	453	1905	67	16	8.9	A
Week 3 Wed			-	-	-	-	-	
Marinated Roast Chicken, Roast Pota	1 Serving	239	308	1292	22	24	0.9	A
Marinated Roast Quorn Fillet with Ski	1 Serving	223	254	1063	24	11	2.4	A
Roast Chicken & Stuffing Bap	1 Serving	177	340	1429	35	25	2.2	A
Cheeseburger Nachos with Gherkins,	1 Serving	196	403	1680	25	15	3.1	C
Week 3 Thur			-	-	-	-	-	
All Day Breakfast	1 Serving	341	622	2595	39	31	9	0
Garlic Mushroom Stroganoff with Rice	1 Serving	226	264	1118	53	7.7	3.7	A

g 279 g 277 g 245 g 240 g 228 g 325 g 375 g 40 g 80 g 80 g 80 g 80	746 636 - 388 530 352 369 618 - 74 38 72 15 30 52 22	3118 2672 - 1628 2219 1477 1550 2594 - 310 159 297 64 128 219	71 75 - 46 59 37 47 83 - 10 4.4 2.8 1.2 1.4 6.5	23 29 - 15 13 14 15 15 - 3.6 2.8 1.5 1.4 3.5	7.9 15 - 1 1.6 1.9 3.4 14 - 5.4 0.9 1.9 1 1.2 1.6	(a) (b) (c) (d) (d) (d) (d) (d) (d) (d) (d) (d) (d
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g 80 g 80	30 52	128	1.4	3.5	1.2	(A
g 80 g 80	52					(4
g 80		219	6.5	2.7	1.6	_
	22					
g 80		92	2.5	1.7	1.8	(
-	44	185	5.6	2.8	3.3	(
g 60	21	87	3.5	0.7	3.1	(
g 70	65	273	8	1	6.1	(
g 60	91	377	3.9	0.7	3.3	(
g 80	54	228	12	0.7	10	(
g 43	6	24	0.8	0.5	0.6	(I
g 50	7	31	1	0.5	0.9	Œ
	-	-	-	-	-	
g 71	269	1130	36	3.8	23	(1
g 68	253	1060	33	4.2	22	(1
g 104	482	2013	55	5.3	30	(1
	g 60 g 80 g 43 g 50 g 71 g 68	g 60 91 g 80 54 g 43 6 g 50 7	g 60 91 377 g 80 54 228 g 43 6 24 g 50 7 31	g 60 91 377 3.9 g 80 54 228 12 g 43 6 24 0.8 g 50 7 31 1 g 71 269 1130 36 g 68 253 1060 33	g 60 91 377 3.9 0.7 g 80 54 228 12 0.7 g 43 6 24 0.8 0.5 g 50 7 31 1 0.5 g 71 269 1130 36 3.8 g 68 253 1060 33 4.2	g 60 91 377 3.9 0.7 3.3 g 80 54 228 12 0.7 10 g 43 6 24 0.8 0.5 0.6 g 50 7 31 1 0.5 0.9 g 71 269 1130 36 3.8 23 g 68 253 1060 33 4.2 22

TOTALS:						
AVERAGES:	910	3816	42	14.6	5.6	

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