

Menu

↳ Casa Brasilia 2025



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Nutri-Score
WK 1 Mon								
Hickory Smoked Chicken Drumstick ...	1 Serving	340	578	2440	79	34	8.7	(A)
Grilled Ranch Chicken In a Wrap (H)	1 Serving	172	384	1610	33	25	4.2	(B)
Grilled Ranch Chicken In a Wrap	1 Serving	172	375	1573	31	24	2.6	(A)
Piri Piri Wings	1 Serving	200	412	1717	9.4	32	5.8	(C)
WK 1 Tue								
Chilli Beef & Rice Taco & Wedges	1 Serving	303	390	1628	30	18	5	(A)
Roast Vegetable & Mozzarella Barch...	1 Serving	246	487	2053	76	17	4.1	(B)
Five Spice Wings.	1 Serving	200	394	1644	14	32	9.2	(C)
WK 1 Wed								
Hot Honey Chilli Chicken Burrito with...	1 Serving	310	477	2012	67	25	23	(A)
Roast Chicken & Stuffing Baguette	1 Serving	177	383	1615	51	26	2.9	(B)
Roast Pork & Stuffing Baguette	1 Serving	167	433	1824	51	33	2.9	(B)
Tandoori Wings.	1 Serving	200	370	1540	4	33	0.6	(C)
WK 1 Thur								
BBQ Chilli Chicken Thigh with Tomat...	1 Serving	237	408	1729	69	24	12	(B)
Crispy Topped Mac & Cheese	1 Serving	319	740	3101	78	31	10	(C)
Maple & Sweet Chilli Chicken Wings.	1 Serving	200	379	1581	10	32	7.4	(B)
WK 1 Fri								
Peri Peri Chicken Thigh Burger With ...	1 Serving	343	545	2295	74	29	11	(A)
Crispy Chicken Burger & Chips	1 Serving	311	586	2461	78	22	4.8	(A)
Loaded Fries with Cheese, Bacon & S...	1 Serving	228	352	1477	37	14	1.9	(B)
Loaded Jacket with Cheese, Bacon & ...	1 Serving	325	369	1550	47	15	3.4	(B)
Wild Wing Roulette.	1 Serving	200	381	1588	9.3	32	5.7	(C)

WK 2 Mon			-	-	-	-	-	-	
Garlic & Thyme Chicken Drumstick & ...	1 Serving	280	287	1202	12	27	9.1	(A)	
Crispy Beef & Cheese Burrito	1 Serving	184	419	1753	33	21	5.3	(C)	
Piri Piri Wings	1 Serving	200	412	1717	9.4	32	5.8	(C)	
WK 2 Tue			-	-	-	-	-	-	
Mexican Chicken & spicy rice Taco & ...	1 Serving	209	372	1563	46	16	6.4	(A)	
Jumbo Sausage in a Crusty Baguette ...	1 Serving	244	727	3041	74	23	7.2	(D)	
Buffalo Wings.	1 Serving	200	273	1142	9.4	24	4.8	(B)	
WK 2 Wed			-	-	-	-	-	-	
Buffalo Chicken & Cheddar Quesadill...	1 Serving	285	490	2060	56	24	4.9	(B)	
Roast Chicken & Stuffing Bap	1 Serving	177	340	1429	35	25	2.2	(A)	
Garlic & Lemon Chicken Wings.	1 Serving	200	444	1850	10	34	6.8	(C)	
WK 2 Thur			-	-	-	-	-	-	
Lemon & Herb Chicken Thigh, Wedge...	1 Serving	302	309	1300	34	22	6.5	(A)	
Crispy Korean Chicken Open Wrap wi...	1 Serving	171	328	1383	45	17	4.3	(B)	
Jerk Wings.	1 Serving	200	273	1140	10	24	6.2	(B)	
WK 2 Fri			-	-	-	-	-	-	
Texas BBQ Chicken Burger, Mexican ...	1 Serving	334	600	2523	84	22	9.8	(A)	
Texas BBQ Chicken Thigh Burger, Me...	1 Serving	349	555	2338	77	28	13	(A)	
Loaded Fries with Cheese, Bacon & S...	1 Serving	228	352	1477	37	14	1.9	(B)	
Loaded Jacket with Cheese, Bacon & ...	1 Serving	325	369	1550	47	15	3.4	(B)	
Wild Wing Roulette.	1 Serving	200	381	1588	9.3	32	5.7	(C)	
WK 3 Mon			-	-	-	-	-	-	
Jerk Chicken Drumsticks with Rice & ...	1 Serving	338	599	2517	64	34	9.3	(B)	
Chargrilled Cheeseburger with Sauce...	1 Serving	218	621	2594	48	27	5	(D)	
Buffalo Wings	1 Serving	280	481	2005	1.7	50	0	(B)	
WK 3 Tue			-	-	-	-	-	-	
Spicy Chicken Soft Taco with Paprika...	1 Serving	253	424	1781	49	20	5.3	(B)	
Buffalo Chicken & Mozzarella Garlic ...	1 Serving	196	453	1907	56	24	6.2	(B)	

Five Spice Wings.	1 Serving	200	394	1644	14	32	9.2	(C)
WK 3 Wed								
Tex Mex Beef & Rice Enchilada with a...	1 Serving	268	511	2150	66	21	4.5	(A)
Roast Chicken & Stuffing Baguette	1 Serving	177	383	1615	51	26	2.9	(B)
BBQ Wings.	1 Serving	200	440	1832	10	34	8	(C)
WK 3 Thur								
Louisiana BBQ Chicken Thigh with M...	1 Serving	230	257	1080	22	20	4.7	(A)
Indian chicken & Saffron Rice Burrito	1 Serving	162	295	1239	31	18	6	(B)
Maple & Sweet Chilli Chicken Wings.	1 Serving	200	379	1581	10	32	7.4	(B)
WK 3 Fri								
Cajun Chicken Burger With Slaw & Pa...	1 Serving	329	590	2485	84	22	11	(A)
Cajun Chicken Thigh Burger With Sla...	1 Serving	344	545	2295	78	27	13	(A)
Loaded Fries with Cheese, Bacon & S...	1 Serving	228	352	1477	37	14	1.9	(B)
Loaded Jacket with Cheese, Bacon & ...	1 Serving	325	369	1550	47	15	3.4	(B)
Wild Wing Roulette.	1 Serving	200	381	1588	9.3	32	5.7	(C)

TOTALS:								
AVERAGES:	1082	4542	41	25.4	6.3			